



Brought to You By:



A Clinical Affiliate of RUTGERS

Hosted By:



MAY 19, 2026 - EVENT TIME: 7:30 AM - 4:00 PM

Fairleigh Dickinson University | 1000 River Road, Teaneck, NJ 07666

# RESILIENT BY DESIGN

The Mental Health Symposium for Education is an opportunity to reconnect with your purpose, recharge your energy, and walk away with tools to support your emotional health and that of your students and teachers. The theme, *Resilient By Design*, underscores a diverse selection of breakout sessions to discover strategies that help educators restore themselves and learn how to build emotionally safe classrooms.



LEARN MORE

# NJ@CC



## KEYNOTE BY MARC BRACKETT, PH.D.

“The Power of Emotion Regulation to Transform Teachers’ and Students’ Lives”

Founding Director - Yale Center for Emotional Intelligence  
Professor - Child Study Center at Yale University

We’re offering a **10% discount** on the Mental Health Symposium registration fee to **NJ@CC members!**

Scan this QR code to register at a discount.



## BOOK SIGNING & COCKTAIL RECEPTION

“Dealing with Feeling” with author **Marc Brackett!**

